

ANNUAL REPORT 2022-2023



SHINE HUMANITY
Healthcare for the under-served

www.airport.com

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On-Call
EZ II
mmol/L
mg/dL

CO-FOUNDER'S MESSAGE



Dr. Salman Naqvi
Founder

"I would like to express my heartfelt gratitude to each and every one of you who has joined us on this journey. Your unwavering support and belief in our mission has been the driving force behind our achievements.

Throughout the past year, we have witnessed the transformative power of accessible healthcare in the lives of individuals and communities. From remote villages to flood-affected areas, our team has worked tirelessly to bring quality care to those who need it most. Our mobile clinics have reached new communities, providing vital medical services. We have collaborated with local partners to establish sustainable healthcare initiatives, empowering communities to take charge of their well-being.

Looking ahead, I am filled with hope and determination. With your continued support, SHINE Humanity will strive to make our vision a reality, touching even more lives, and creating lasting change."

OUR EXECUTIVE MESSAGE
US BOARD



DR. FAISAL KHAN
CHAIRMAN

“The unwavering commitment of our supporters has allowed us to deliver vital healthcare services to rural communities in need. Together, we have made a significant impact, bringing hope and healing where it's needed most. Thank you for your generosity and belief in our mission. We aim to continue serving the less fortunate and making a positive impact in the communities we work in.”



NAILA AHMED
EXECUTIVE DIRECTOR

“As we reflect on our achievements in providing free healthcare to rural communities, we envision a future where every individual has access to quality healthcare. Together, let's continue our journey, expanding our reach and making a lasting difference in the lives of those in need.”

OUR MANAGEMENT (US)



NAILA AHMED
EXECUTIVE DIRECTOR



RUBINA HUSAIN
EXECUTIVE ASSISTANT

BOARD OF DIRECTORS

US BOARD



DR. FAISAL KHAN
CHAIRMAN

Dr. Faisal Khan is an assistant professor of surgery at the LLU School of Medicine. He is also Chief of Surgery at White Memorial Medical Center in Los Angeles. Dr. Khan received his medical degree from the USC Keck School of Medicine, and specializes in pediatric and general surgery.



ASIM ASHARY
CHIEF FINANCIAL OFFICER

Asim Ashary is a senior healthcare executive with two decades of experience in business operations, claims administration, marketing, finance, and MIS operations. He is also the founder and CEO of Manhattan Data, Inc.



ALI NAQVI
BOARD MEMBER

A graduate from UT, Austin, Ali Naqvi has established his name as a leading architect in Pakistan and founded his own firm, Ali Arshad Associates. He is passionate about making a lasting difference to the plight of the disenfranchised population of Pakistan.



DR. NADEEM AFRIDI
BOARD MEMBER

Dr. Nadeem Afridi is currently Chief of Cardiology at the Prince Sultan Cardiac Center, King Khaled Hospital Najran. He not only strongly believes that one should leave this world a better place than when one found it but also lives by it.



DR. SALMAN NAQVI
BOARD MEMBER

One of SHINE's co-founders, Dr. Naqvi, is a leader in the field of pulmonology with more than 25 years of experience. He served as the Chief of Staff at Kindred Hospital in Westminster, California, and is currently serving as the Chairman of the Pulmonary Division at Hoag Hospital, California.



KALBE ABBAS DHARAMSEY
BOARD MEMBER

Mr. Kalbe Abbas Dharamsey, is a businessman by profession and his education is specialized in negotiation skills. He is currently serving as a director at Farah International, and is a founding member of The Aziz & Razia Dharamsey Family Foundation, a charitable organization working to help local organizations accomplish their objectives.



ANNE WALKER
BOARD MEMBER

Dr. Anne Walker is a board-certified obstetrician and gynecologist who has a lifelong passion for global health. Over the years, she has volunteered with SHINE on humanitarian missions to Peru, Haiti, Bangladesh, and Pakistan.



DR. SHABBIR DHARAMSEY
BOARD MEMBER

Dr. Shabbir A. Dharamsey, is a highly accomplished cardiologist, specializing in coronary and peripheral cardiovascular interventions. He has contributed significantly to the medical field, serving as a Clinical Assistant Professor of Medicine and Fellow of the American College of Cardiology. Dr. Dharamsey has been licensed to practice medicine in several states, including Arkansas, Illinois, New Jersey, and Louisiana. His diverse leadership roles include Commissioner on the Arkansas Tobacco Control Board. His various philanthropic endeavors, showcase his dedication to making a positive impact.

A FAREWELL NOTE TO OUR CHAIRMAN

ALI NAQVI

CHAIRMAN (2020 - 2022)

As your tenure as Chairman of SHINE Humanity comes to a close, we find ourselves both grateful for the time we have had under your leadership, and inspired by the legacy you leave behind.

Under your stewardship, we have witnessed incredible progress in our mission to provide quality healthcare to those who need it most. Your belief in our cause has transformed challenges into opportunities and obstacles into stepping stones, setting a standard for us all to strive towards.

We extend our heartfelt gratitude for your exceptional leadership, and we wish you all the best in your future endeavors. May your path be filled with continued success, happiness, and fulfillment.



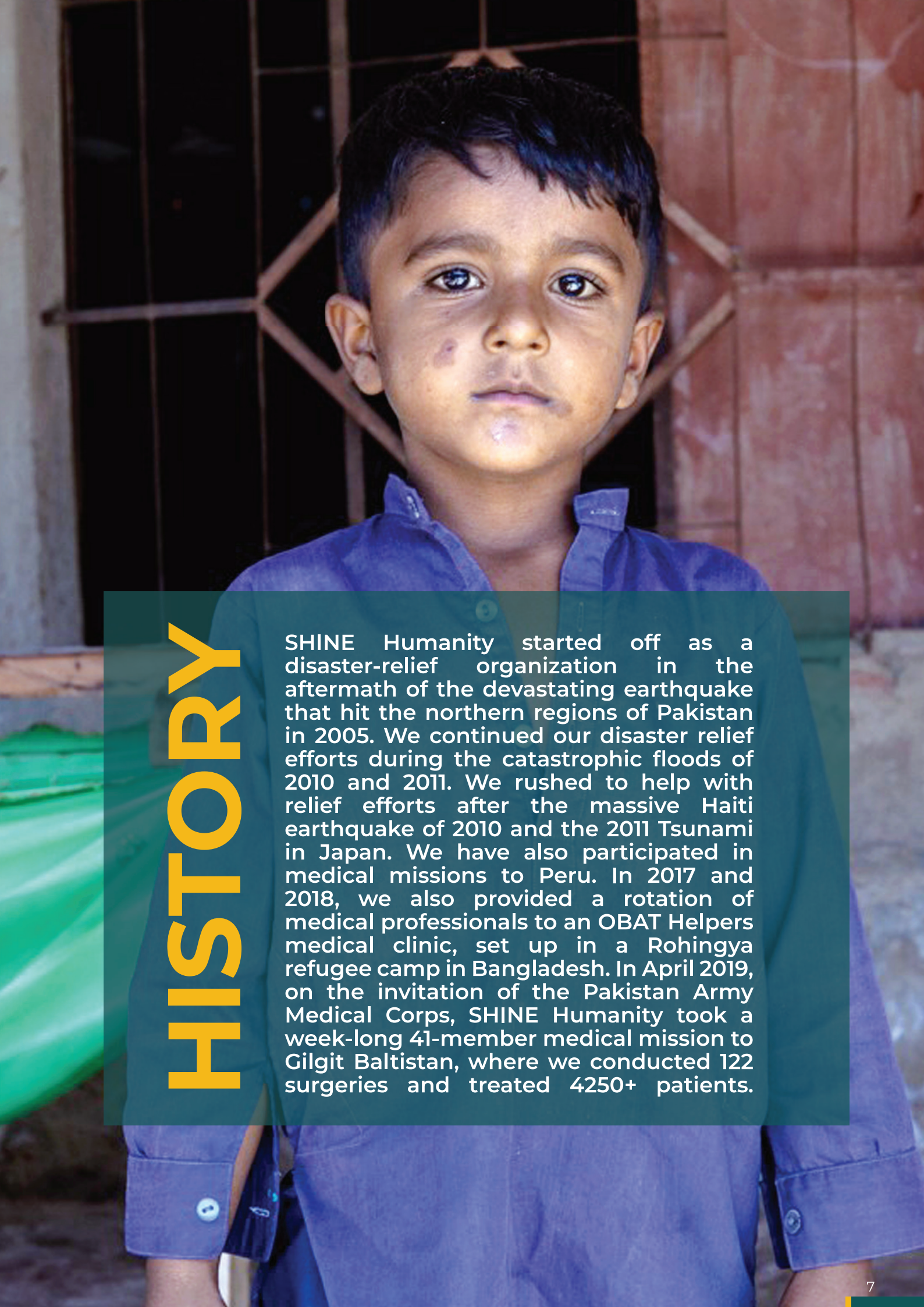


ABOUT **SHINE**

Founded in 2009 by a group of Pakistani-American doctors and entrepreneurs based out of Tustin, California, SHINE Humanity was formed to repay the debt they owe to Pakistan. SHINE Humanity's mission is to provide compassionate, sustainable and preventative primary healthcare to the underserved by collaborating with key partners.

SHINE Humanity Pakistan was registered under the Societies Act 1860 in 2013 to move the mission forward and implement it in Pakistan.

Since its founding, SHINE Humanity has been active in different parts of the world. At present, our area of concentration is rural Pakistan, where we have 13 primary healthcare clinics providing health services to the under-served.



HISTORY

SHINE Humanity started off as a disaster-relief organization in the aftermath of the devastating earthquake that hit the northern regions of Pakistan in 2005. We continued our disaster relief efforts during the catastrophic floods of 2010 and 2011. We rushed to help with relief efforts after the massive Haiti earthquake of 2010 and the 2011 Tsunami in Japan. We have also participated in medical missions to Peru. In 2017 and 2018, we also provided a rotation of medical professionals to an OBAT Helpers medical clinic, set up in a Rohingya refugee camp in Bangladesh. In April 2019, on the invitation of the Pakistan Army Medical Corps, SHINE Humanity took a week-long 41-member medical mission to Gilgit Baltistan, where we conducted 122 surgeries and treated 4250+ patients.

OUR VISION

Together we give a chance at a better, healthier life to the under-privileged

OUR MISSION

To provide quality primary healthcare to the underserved communities.

REBRANDING

The sun represents nurture and shining power

The silhouette represents community



The semi circle represents the gentility and softness which our work encompasses

COLOR PALETTE

We rebranded SHINE Humanity and introduced this logo which emphasises our values of community, loyalty and our desire to make the world shine through our work.



OUR CLINICS

13

NUMBER OF CLINICS

PATIENTS TREATED

106,575

2022

PATIENTS TREATED

42,689

JAN - JUNE 2023



SHINE - Garibsons Clinic

Located in Gharo, and managed in collaboration with Garibsons (Pvt) Ltd, this clinic is run by a team of 4 qualified doctors who provide outpatient primary care, preventive health education and antenatal services. In house pharmacy, ultrasound and referral services to hospitals in the city are also available. Though patients pay a nominal amount for consultations, three days of medications are provided free of cost. Chronic patients receive a regular supply of life saving medications from the clinic.



SHINE - Zia Abbas Haider Memorial Clinic

This clinic is located in Koohi Goth, Malir District and provides free primary healthcare. Keeping in mind the dire state of maternal and child health in Pakistan, this clinic was launched as a one-doctor Women's clinic and has been sponsored by Mumtaz and Munawar Haider in memory of their son.



SHINE - Chilya Clinic

SHINE Humanity, with the help of the Livestock and Fisheries Department in Sindh has adopted an abandoned dispensary to set up a primary healthcare facility in Chilya. Catering to a community of fishermen and their families, this clinic is the only source of healthcare within a 40-kilometer radius. The clinic started off as a basic healthcare container clinic, however, with the support of a generous donor, SHINE Humanity has developed and now introduced vital healthcare intervention programs including the Hepatitis Eradication and Community Outreach Programs amongst others.



SHINE - Aziz & Razia Dharamsey Family Foundation Clinic

We inaugurated this clinic in February 2022 in collaboration with NOWPDP, a disability inclusive non-profit which runs the "Moriro Markaz"- a school for disabled children. This clinic is situated in the exterior of the Moriro Markaz and is a one-doctor clinic which provides free primary healthcare to the people of Sujawal as well as to the students of Moriro Markaz. We are very grateful to Aziz and Razia Dharamsey Family Foundation for this kind donation.



SHINE - Gul Lot Clinic

The Thar district of Sindh, inclusive of Nagarparkar, is one of Pakistan's most neglected regions, with insufficient access to healthcare, clean and safe drinking water, and alarming rates of maternal and child mortality.

With the support of our generous donors Gul Lot and his family, SHINE Humanity has launched its first clinic in Thar District. Situated in the border town of Nagarparkar, the clinic caters to the needs of under-served communities in the area, providing much needed primary healthcare services. We will soon be starting our signature programs such as the Community Outreach Program and Malnutrition Program, which are essential to combat stunted growth - a very serious issue faced by the children of Thar.



Telemedicine Clinic

One of the biggest hurdles in Pakistan's healthcare system is the low doctor: patient ratio. Thus, in collaboration with Sehat Kehani, SHINE opened its first telemedicine clinic in January 2019. Telemedicine has enabled us to expand our services to the underserved population of Tando Hyder in Hyderabad District.
Patients are screened by a qualified physician extender who connects them with a physician remotely, using a specialized EMR program. These physicians provide the necessary expertise in diagnosis and treatment of these patients.



Satellite Clinics

SHINE Humanity adopted a satellite clinic model to provide healthcare access to remote communities in Thatta. Through weekly visits, our dedicated doctors provide consultations to communities in Gul Hassan Samo, Peer Daryabad and Var Town.



Mobile Urgent Care Clinics

Sponsored by The Aziz & Razia Family Foundation and built specifically for the benefit of flood-affected people, and to reach the more inaccessible areas of rural Sindh, SHINE has two state-of-the-art Mobile Urgent Care Units which are equipped with all the tools needed to provide effective and immediate care to under-served communities. These clinics have a dedicated medical staff consisting of doctors and nurses, medicines and medical equipment on board, and move from one area to another, providing services along the way.



SHINE - Zohra and Mumtaz Wellness Clinic

Located in Mirpur Sakro, this clinic is built and funded by the Zohra and Mumtaz Welfare Trust. Since January 2020, SHINE Humanity has been managing the clinic, treating an average of 60 patients a day at this modern facility. This clinic is located about 25 kilometers from Gharo, surrounded by numerous villages that until now have had no access to quality healthcare.

OUR PROGRAMS

JB AZARIAH SEHAT AGAHI
(COMMUNITY OUTREACH)

Generously sponsored by the JB Azariah family, our team consists of a Community Midwife, Community Health Workers(CHWs) and a Nutritionist. Our activities include awareness sessions, multivitamin supplementation and vaccinations of both children and adults.

500
Households every month

1000
Individuals treated every month



DIABETES, HYPERLIPIDEMIA AND HYPERTENSION

In light of the alarming rate of Diabetes in Pakistan, SHINE launched a holistic Diabetes Program which encompasses medical treatment, lifestyle management and nutritional counseling for patients with Type II Diabetes Mellitus. We maintain vigilant follow-ups to ensure the community gets the help they need. Screening is done based on HbA1C, a revolutionary step in rural areas, followed by routine blood tests for a holistic point of care.

Screenings
557+

Identified As Diabetic
93

Identified as Pre-Diabetic
227

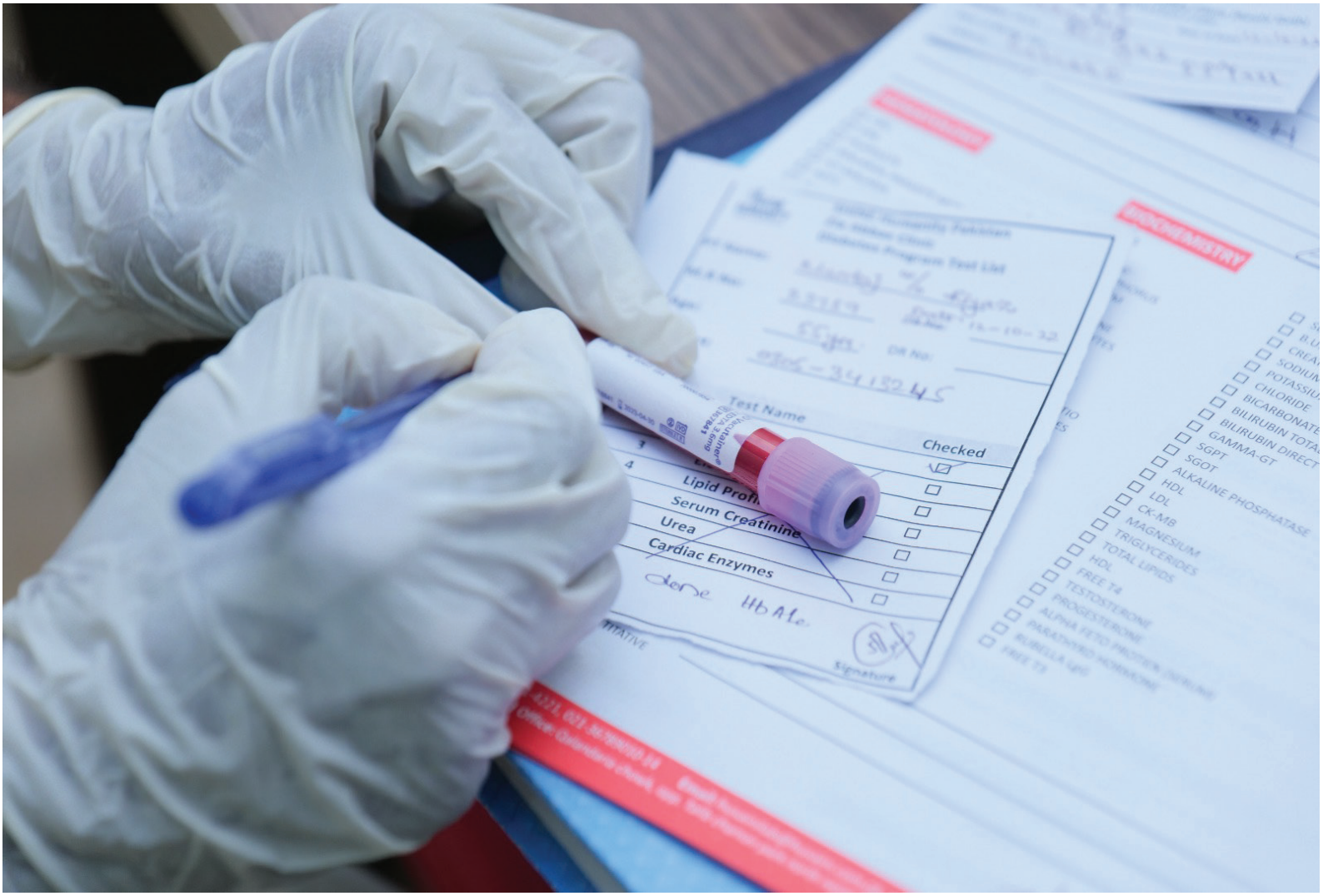


HEPATITIS ERADICATION

Pakistan now has the highest burden of Hepatitis B and C patients globally. Our Hepatitis Eradication Program started in 2021. In collaboration with The Health Foundation, we initiated screening of the rural population for Hepatitis-C. After a confirmed diagnosis, the patients are treated until they are disease-free. We have further included Hepatitis-B eradication by starting a vaccination program from the identified patient pool.

2116
SCREENINGS

247
PATIENTS TREATED



MALARIA

The Malaria program started in 2017 and has been running for over 6 years during which we have tested more than 10,000 patients. This program screens the population for malaria using screening kits. Each confirmed case is followed up until completely treated and preventative solutions like mosquito repellents are provided for complete care.

Patients Positive

854



MALNUTRITION

The Malnutrition Program at SHINE runs from the Garibsons Clinic in Gharo. Through this program, we identify and screen children in under-served communities who are suffering from severe and moderate acute malnutrition. A complete follow-up, along with necessary referrals, is managed by the doctors and community outreach team. The Community Outreach Program works in conjunction with the Malnutrition Program to screen children using basic health questionnaires and by physically examining the child, who is then treated by a doctor using medication and RUTF (Ready To Use Therapeutic Packets).



ANEMIA

Under this program, we aim to identify the school-going children in Gharo at risk of anemia and provide medical care to the individuals identified. Considering the target population, multiple adolescents suffer from anemia due to worm infestation and lack of a healthy diet. SHINE helps cater to this by screening children who show signs of anemia using Hemoglobin strip testing and then treating them through nutritional, pharmaceutical and emergency care. Integration of these efforts with awareness sessions and parental counseling helps build a healthier youth population.



ASTHMA AND COPD MANAGEMENT

This program was in response to a baseline that showed that no intervention was in place for rural communities suffering from Asthma and other respiratory issues. The program aims to identify and treat people with respiratory illnesses. Screening is conducted through a spirometry test. For patients who show obstructive or restrictive lung disease, we provide inhalers and life-saving medication, as well as educational material in the regional language on smoking cessation and other contributing factors.

Screening

845



RABIES PROGRAM

Thanks to our partners Zohra & Mumtaz Welfare Trust, the Rabies Program has been operating in SHINE Humanity - Zohra & Mumtaz Wellness Clinic (Mirpur Sakro) since 2021. The program involves a Post-Exposure Prophylaxis Center with a wash area, administration of rabies vaccine, rabies toxoid and tetanus toxoid for dog bite victims. All patients are seen by a doctor specifically trained to handle victims who have been bitten by pye-dogs. The clinic has been successfully providing treatment to the patients, most of them young children, whose very lives would have been endangered if not for the timely intervention.



PAANI PROJECT

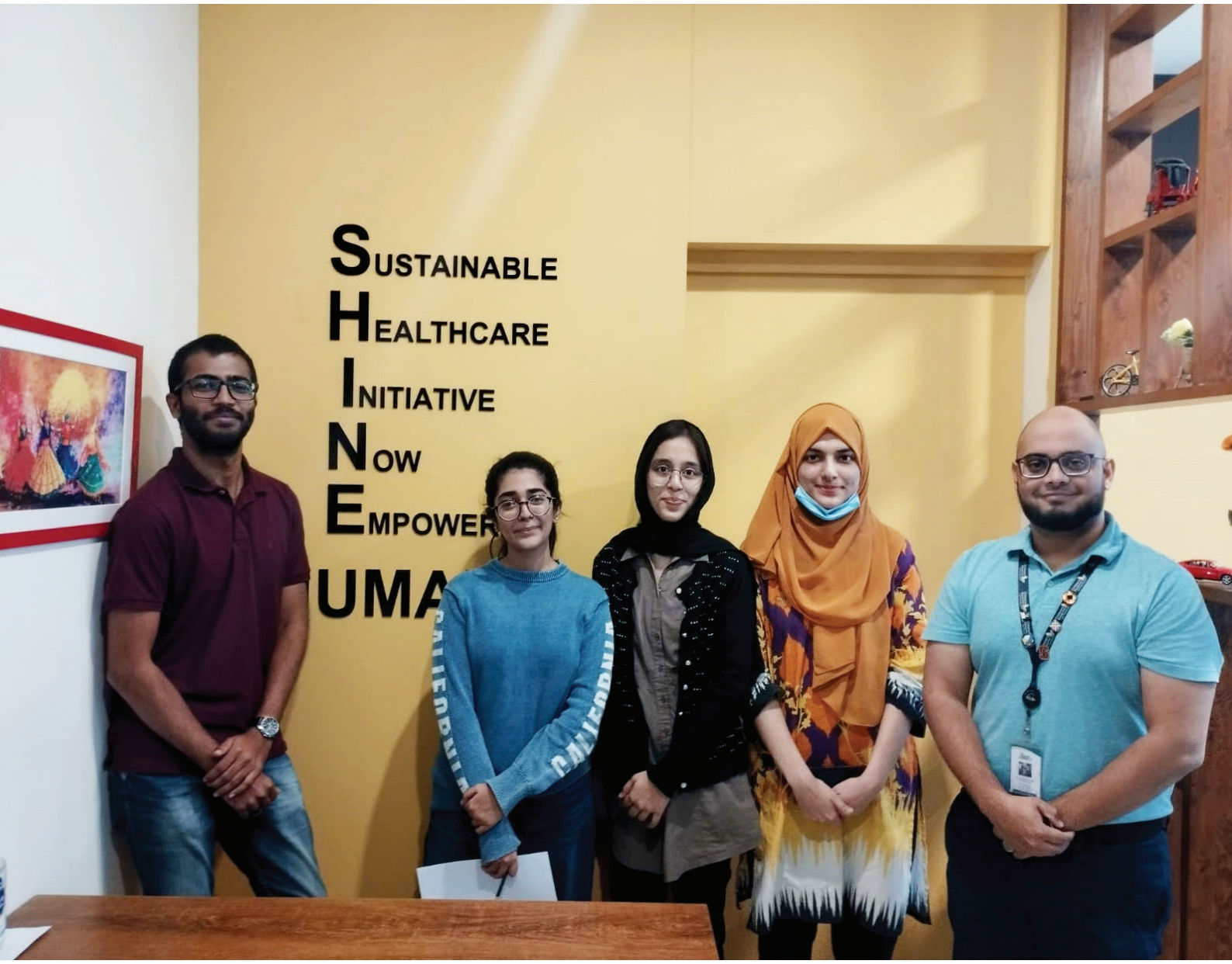
In 2020, SHINE Humanity started the Paani Project to tackle the root cause behind the outbreak of waterborne diseases in rural communities. The cause behind most gastrointestinal diseases which ail the local community lies in the usage of contaminated water. Hence, to date we have installed 6 RO plants in various locations in interior Sindh, including Ibrahim Hyderi, Sujawal and Mirpur Khaas. Through robust collaborations with the local communities, we aim to provide clean drinking water to rural areas.



Approx
2400
households
every month

PUBLIC HEALTH INTERNSHIP

Our public health internship program focuses on introducing the field of public health to students of various disciplines in Pakistan. Each month we take up 2 candidates from institutes around Karachi and broaden their perspective of medicine beyond diagnosis and treatment. The process involves programmatic proposal building, research writing workshops, public health in practice via community outreach and field visits to Sindh.



MENTAL HEALTH

Started in 2022, this program aims to train our medical officers and allied health professionals to identify and refer mental health issues such as anxiety and depression. Our medical officers are trained to identify and make a preliminary diagnosis for more severe illnesses like schizophrenia.



SPECIAL INITIATIVES

Electronic Medical Records System

The Electronic Medical Records (EMR) System is an electronic record of health-related information on an individual that can be created, gathered, managed, and consulted by authorized clinicians and staff within one health care organization.
SHINE is the first rural healthcare organization in Pakistan to digitize medical records and move towards paperless clinics. By digitizing all patient data, we aim to make strides in medical research and promote greater donor transparency.
The environmentally friendly EMR System provides us with computerized access to data (lab results, patient information, diagnosis), thereby enabling operational efficiency, transparency for donors, and improved quality of patient care and safety.



Sunehra Lamha

Sunehra Lamha refers to the "golden minute" - the first minute after birth. For the past decade, SHINE has been working to help reduce the neonatal mortality rate in Pakistan. Traditional birth attendants, midwives, physicians and medical students are trained to become master trainers and teach basic lifesaving skills to the rural population as part of the program. This program helps disseminate basic maneuvers that help bring a child's life out of risk at birth. To date, we have trained more than 2,700 medical professionals with over 100 master trainers successfully.



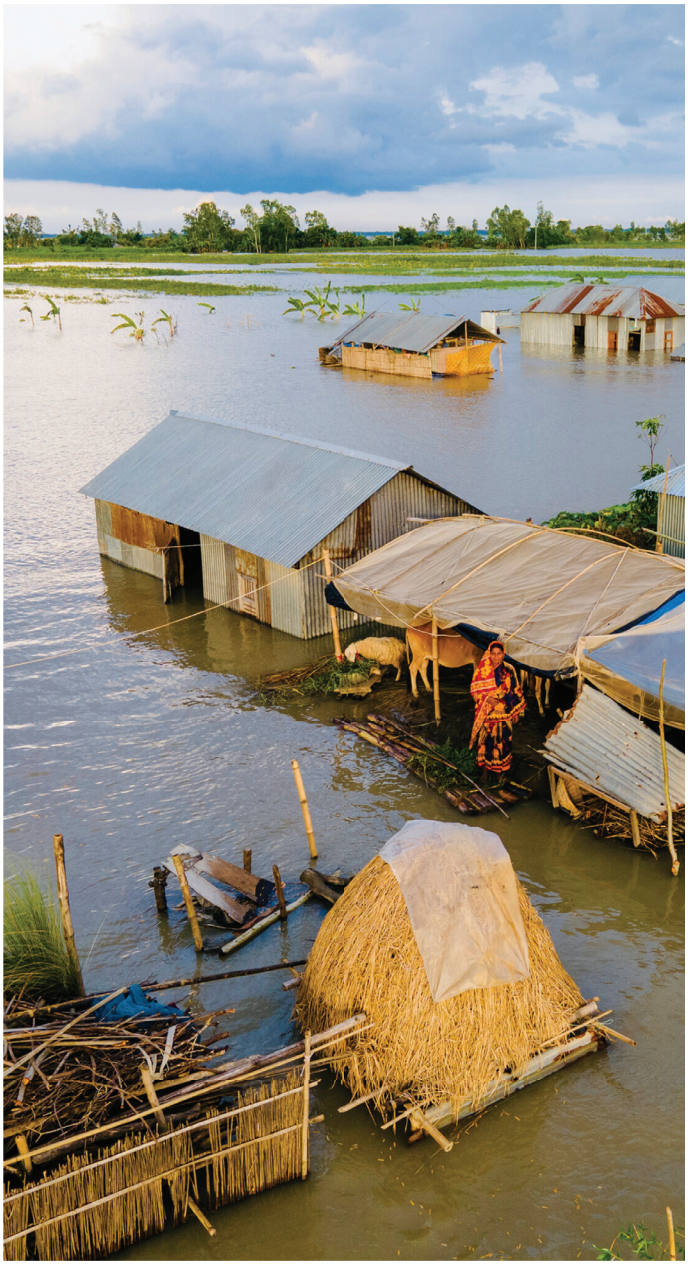
Continued Medical Education

A Continued Medical Education program was established for the Medical and Allied staff of SHINE Humanity. In this program, specialists and physicians from the US and Pakistan conduct virtual education sessions for our staff so that they work in accordance with the up-to-date practices that help deliver primary healthcare in a much more efficient manner. These sessions also allow expert physicians to assess the quality-of-care medical staff at SHINE provides to the local community.



DISASTER RELIEF WORK

FLOOD RELIEF EFFORTS



Because of our presence in interior Sindh already, we are uniquely positioned to implement any planned activities quickly and effectively. Our first camp was up and running on the 30th of August 2022 where we had fully designated teams, consisting of a Physician, Pharmacist, Dispenser, Nurse and medical volunteers to run the camp and manage the large influx of people expected. After research on the area and prevalent ailments, we anticipated a high probability of malaria, dengue, dog and snake bites as well as other waterborne diseases like typhoid and dysentery along with gastric and dermatological issues. With recent funding, we have added a well-equipped Container Clinic on wheels as part of our relief efforts, which has allowed us to penetrate further into flood affected areas. Our auxiliary services will include: Dry Food Rations in partnership with Karachi Relief Trust. RUTF (Ready-to-use Therapeutic Food) packets, in collaboration with Trust for Malnutrition and Stunted Growth based out of Canada, and water purification tablets.

ONGOING FLOOD RELIEF PROGRAM

The current climate change crisis, and the lack of resources available to flood-affectees were some of the major reasons why SHINE Humanity decided to take a step forward and play a key role in providing health care to disaster impacted areas. We are focusing primarily on Thatta, Dadu, Sujawal, and Malir Districts. Mobile units were directed to provide supplementary aid to our camps in Sindh. Primary health care doctors, who are assisted by knowledgeable staff, evaluate, diagnose, and treat patients who would otherwise not have access to basic care.

FLOOD CAMPS

With the unprecedented rains and floods in Pakistan, large-scale devastation has taken over various parts of the country. The team at SHINE Humanity recognizes this as a priority and believes that the declared emergency in Pakistan requires immediate medical attention.

We conducted our first medical relief camp for the flood affectees on 30th August 2022, in Gharo, where we treated almost 285 patients. The doctors observed many prevalent diseases, including skin, stomach, throat and chest infections, which had become complicated by severe poverty and malnourishment.

We set up medical camps at Makoro Malaha and Ubooro Jakhro Matka Darya Stop on 2nd September 2022. The camp was in the district of Thatta, where we treated almost 148 patients. The doctors observed skin, stomach and chest infections which had become complicated by poverty and malnourishment.

Through our medical camps, we have catered to patients across rural parts of Sindh. Because we believe in transforming lives through accessible and compassionate primary healthcare, we have successfully treated over 34,000 patients in areas such as Kot Dijji, Ketebandar, Mossa Jhakro and Dost Ali Jhakro, across 7 districts in rural Sindh.

OUR PUBLICATIONS

SHINE is proud of our Programs Team who presented our first ever publications at various International forums this year.

1. Prevalence of Type II Diabetes, Hyperlipidemia, and Hypertension in Rural Communities in Pakistan.
International Diabetes Federation (IDF), Lisbon, Portugal

2. Prevalence of Undiagnosed hypertension in Type II Diabetes Mellitus Patients of the Rural Communities in Pakistan - A Retrospective Cohort Analysis
1st Hypertension Conference, Hyderabad, Pakistan

3. Devastating Rise of Hepatitis-C Cases in Rural Sindh, Pakistan - Identification and Treatment of A Public Health Threat.
Global Hepatitis Summit(GHS), Paris, France

4. Alarming Prevalence of Acute Malnutrition in Rural Sindh, Pakistan - Food for Thought.
ICEHSR, AEIRC, Karachi, Pakistan

5. Why is it Difficult to Eliminate Hepatitis-C in Rural Pakistan? An Analysis of the Demographic Variables
Society for Medical Decision Making (SMDM), Berlin, Germany

6. Severe Malnutrition In Rural Sindh, Pakistan - Managing a Public Health Crisis
International Congress of Medical Sciences, Sofia, Bulgaria

7. Prevalence of Undiagnosed Chronic Obstructive Pulmonary Disease (COPD) and Asthma in Underserved, rural Sindh, Pakistan.
Chest Foundation, Hawaii, USA.

BENEFICIARIES
OF SHINE



ZUBEIDA (SUJAWAL)

I am Zubeida, a 55-year old woman. Over the past few months, I started experiencing symptoms like tightness in my chest, dizziness, and difficulty in breathing during day-to-day activities. When my symptoms became unbearable, my sister recommended I visit the SHINE clinic. A doctor there diagnosed me with a condition known as asthma. They guided me through my treatment and helped manage my symptoms better. I am thankful to SHINE for the timely care and support provided by the skilled and experienced doctors. SHINE has been instrumental in providing a healthcare clinic which is cost-friendly and accessible for the community I live in.

HIGHLIGHTS 22-23

GOING PAPERLESS WITH MICROSOFT

We partnered with Microsoft, whose generous in-kind donation has been instrumental in supporting our Electronic Medical Records (EMR) program. This pioneering initiative, the first of its kind in rural Pakistan, is dedicated to the digital transformation of patient data, fostering advancements in medical research, and greater transparency in healthcare practices. The EMR System has also allowed our Garibsons and Zia Abbas Haider Memorial Clinics to be entirely paperless, reducing our strain on the environment, and becoming more transparent for our donors.



PARTNERING WITH REDCAP

SHINE has been recognized as REDCap's partner in Pakistan, and is one of only 16 organizations in the country to do so.
Research Electronic Data Capture (REDCap) has allowed us to capture data for research and create databases and projects to make more data-driven decisions based on community health needs.

REDCap
Research Electronic Data Capture

CONTINUED MEDICAL EDUCATION WORKSHOPS

We organized two ‘Continued Medical Education’ workshops for the SHINE doctors at the Garibsons Clinic in Gharo.
During her presentation, Dr. Naghmana Shafi, an Associate Professor of Clinical Pediatrics at Western University of Health Sciences and a Diplomat of the American Board of Pediatrics, discussed "Asthma" and "Dehydration in Children". Dr. Usman Shah, certified by the American Board of Internal Medicine and a graduate of Ross University specializing in Critical Care Medicine, conducted a training session on "Asthma Management and COPD Management".
We are very proud of our CME program which continues to maintain Quality Assurance in our clinics, and thankful to both Dr. Shafi and Dr. Shah for allowing our staff the opportunity to learn and better replicate international standards of health practices.

COMMUNITY OUTREACH PROGRAM

In a country where a majority of women tend to discontinue their medical practice in urban areas, we deliberately employ female doctors in all our clinics in Thatta. In 2021, we initiated a "Community Outreach" program in Thatta. This program involves training women with at least 14 years of education to become Community Health Workers. Following their training, these women are entrusted with the responsibility of raising awareness about fundamental health issues like menstrual hygiene, reproductive healthcare, and nutrition. They accomplish this by visiting households within the community and engaging with women who are otherwise marginalized from public life. They also distribute nutritional supplements, medical aids, contraceptives, and health educational materials to women in the nearby villages.



MOU WITH MALIR UNIVERSITY

An MoU was signed between SHINE Humanity and Malir University, aimed at initiating an integrated rural healthcare program. In a country where rural communities struggle to achieve quality healthcare, Dr. Yousuf Memon, Vice-Chancellor, Malir University and SHINE believe that necessary steps can be taken to eliminate disparities to achieve health equity in rural communities of Pakistan.



MOU WITH SALIM HABIB UNIVERSITY AND INTELLECT DOCTORS FORUM

A MoU was signed among the SHINE Humanity, Salim Habib University and Intellect Doctors Forum Pakistan. The purpose of this partnership is to ensure SHINE Humanity's doctors are trained with the latest treatment protocols and grow professionally with the trainings provided by IDF. SHU has also generously offered the use of their classrooms and lecture halls for these trainings and workshops. As part of the MoU, SHINE will also provide internship opportunities to the students of Salim Habib University, to get programmatic and on ground experience through our various projects.



COLLABORATING ON RESEARCH AND DATA COLLECTION WITH JSMU

SHINE Humanity had a successful meeting with Jinnah Sindh Medical University (JSMU) where our co-founder, Dr. Salman Naqvi, met the Vice Chancellor, Student Council Representative, and the Dean to discuss collaboration opportunities. It was agreed that we will collaborate on data collection, and research on community health in Sindh for better public health outcomes. We are very excited to work with medical students and researchers to improve the state of community health in Sindh. Here's to hoping we achieve more in 2023.



PRESENTING MR. ZAHID GARIB WITH AN AWARD OF APPRECIATION

Our chairman of the US board, Dr. Faisal Khan presented an award of appreciation to Mr. Zahid Garib, one of our biggest donors in Pakistan, who has been supporting SHINE's flagship clinic in Gharo.



NEW CLINIC INAUGURATION WITH NOWPDP

SHINE Humanity's clinic inauguration took place on 22nd March at Moriro Markaz (run by NOWPDP) Sujawal - sponsored by The Aziz and Razia Dharamsey Family Foundation.
The clinic was inaugurated by the Guest of Honor, Madam Deputy Speaker - Provincial Sindh Assembly, Rehana Leghari. Also attending were the District Commissioner – Sujawal, Irfan Salam and Mr. Kalbe Abbas Dharamsey, representing the Dharamsey family. Dr. Asghar Naqvi and Mr. Aman Kherati, board members of SHINE Humanity Pakistan and Omair Ahmed, CEO of NOWPDP were also in attendance. This clinic will be a stepping stone for SHINE to provide primary healthcare not only to the students of the Moriro Markaz, but to the population of Sujawal as a whole.



SATELLITE CLINIC IN VARTOWN

We opened a 1-doctor clinic in Var Town, Sindh in collaboration with GARIBSONS (PVT) LTD and our donor, Shabbar Zaidi & Co.

MOU WITH FIRST RESPONSE INITIATIVE OF PAKISTAN

An MoU was signed with the First Response Initiative of Pakistan in order to include First Aid Training as an important part of our medical staff training and clinic operations. We aim to promote First Aid training in rural and under-privileged areas of Pakistan through our partnership with them. In a country that goes through many calamities, the accessibility of First Aid training is essential. This MoU is the beginning of a long-term relationship and we are delighted to be affiliated with a youth-led initiative like First Response Initiative of Pakistan.



WELCOMING DR. LUBNA ANSARI BAIG TO THE BOARD OF DIRECTORS

We onboarded Prof. Dr. Lubna Ansari Baig as a Board Member, the first PhD in Medical Education in Pakistan. In collaboration with University of Calgary, Canada, Dr. Lubna developed the Master of Public Health Programme in Mwanza, Tanzania. At present, she serves on the academic and governing bodies of The Kidney Centre and Aga Khan University.



WHO OFFICIALS VISIT THE SHINE GARIBSONS CLINIC

SHINE is now the official partner of EPI and the World Health Organization. After a visit to the SHINE Garibsons Clinic in Gharo, World Health Organization (WHO) has agreed to make our clinic an EPI Vaccination Centre in rural Thatta. This collaboration brings great promise in making greater strides for Sindh's immunization.



MEETING THE BISHOP OF KARACHI AND BALOCHISTAN

The SHINE Humanity team met with the Bishop of Karachi and Balochistan to discuss collaborating on a community-based program to serve the underprivileged Christian community in Pakistan.



FUNDRAISER TELETHON WITH ARY

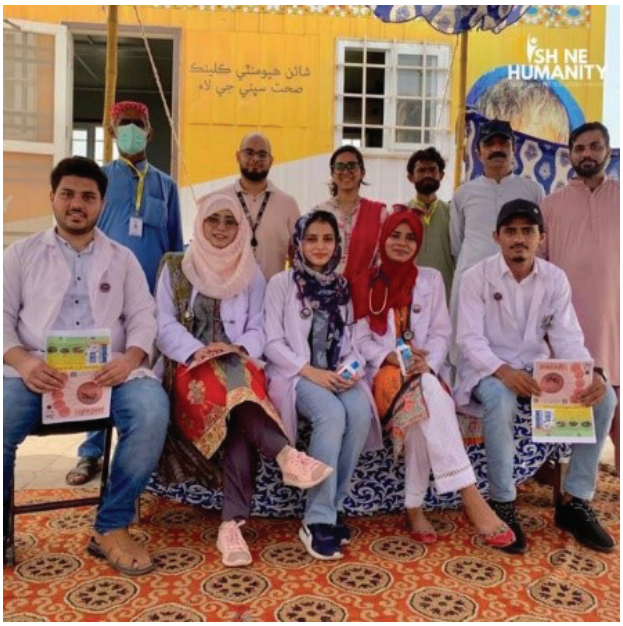
We were live at the ARY UK & USA Telethon with Mr. Iqrar Ul Hassan, which provided us with a wonderful opportunity to raise funds and awareness about our organization's work in rural Pakistan.



PARTNERING WITH VFAHT FOR AWARENESS WORKSHOPS

In collaboration with Volunteer Force Against Hepatitis Transmission (VFAHT), we conducted an awareness campaign for Dengue in Chilya, Sindh. Chilya is a small town which is located 122 km away from Karachi and is prone to malaria outbreaks due to its proximity to Keenjhar Lake and rapid weather changes. Volunteers from JSMU conducted door-to-door workshops in 100 households and distributed mosquito repellents and awareness material with the inhabitants of Chilya.

By conducting this awareness workshop, we hope to alleviate future outbreaks and also enable early detection of any Dengue cases.



FIRST AID TRAINING AT GARIBSONS FACTORY

We initiated a First Aid Training Program in collaboration with First Aid Response Initiative of Pakistan at the Garibsons factory in Thatta. Factory workers are one of the most vulnerable populations to accidents and other forms of diseases. We aim to expand this program further, to ensure factory workers can receive awareness workshops to improve their health literacy.



DIABETES SCREENING WITH GETZ PHARMA IN CHILYA

We conducted a Diabetes Screening Camp in Chilya, in collaboration with Getz Pharma and our passionate youth volunteers on 16th June. Pakistan has the highest national Diabetes prevalence in the world. SHINE's screenings rely on random screenings, designed to detect Diabetes rapidly, before it reaches severity.



DEVELOPING OUR MALNUTRITION PROGRAM WITH TRUST FOR MALNUTRITION AND STUNTED GROWTH

In collaboration with Trust For Malnutrition And Stunted Growth, SHINE Humanity has developed an acute malnutrition program that provides nutritional support to malnourished children.

This program's treatment plan includes the use of 'Ready-to-use Therapeutic Food' or RUTF, a lifesaving essential supply item that treats severe wasting in children under five years old. It is a mixture of peanuts, micronutrients and milk.

WELCOMING DR. NAGHMANA SHAFI AS DIRECTOR OF THE MALNUTRITION PROGRAM

We are proud to announce Dr. Naghmana Shafi Kawish as the Program Director for our new Acute Malnutrition Program. With immense experience working in pediatrics and child care, we are excited to witness SHINE flourish and grow under her care.



APPEARANCE ON DAWN NEWS' TALK SHOW 'CHAI TOAST AUR HOST'

SHINE Humanity was invited by Dawn News to appear on their morning show 'Chai Toast Aur Host'. During this live transmission, Sarah Emmanuel and Dr. Uzair Mahmood discussed the devastating situation of the flood affectees, and the work SHINE Humanity is doing to provide primary and preventative healthcare for the flood victims and the rural communities of Pakistan.



VISITS TO QANDEEL E QAYAAM

SHINE Humanity strongly believes in organizing medical camps whether small-scale or large-scale to ensure access to quality healthcare all across Pakistan. Our medical team and volunteers visited Qandeel e Qayaam, an orphanage located in Korangi for a small pediatric therapy session tailored to address generalized muscle weakness, growth and weakness, along with healthy eating habits and manners.



BENEFICIARIES OF SHINE

MANZOORA (GHARO)

My name is Manzoora and I'm a 65-year old woman. Eight months ago, I started experiencing fever, itching, dark urine and pain in my stomach. Overtime, I would get so exhausted, I found it difficult to do chores around my house. That is when I decided to visit the SHINE clinic. I met with an experienced doctor who diagnosed me with Hepatitis C. Immediately, a treatment plan had been mapped out for me and I was told to follow it religiously. My symptoms started disappearing over the course of my treatment and I felt like I was regaining my strength. The doctor closely monitored my progress every time I went for my follow-up appointments to the clinic. I am thankful to SHINE for a timely diagnosis and ensuring they provided me with adequate support to make a full recovery. The clinic has proven to be efficient, accessible and cost-effective in providing healthcare to rural communities.



COOKED FOOD DONATION DRIVE WITH KARACHI RELIEF TRUST

We collaborated with the Karachi Relief Trust to provide cooked food for the flood affectees. This donation was given by our esteemed donors, the Aziz & Razia Dharamsey Foundation, and supported 8000 individuals, providing cooked meals twice a day for 15 days. It is the generous support from our donors that keeps us moving forward in our mission.



MENTAL HEALTH AWARENESS SESSIONS WITH THE SAVAIRA TEAM

On Sunday 21st Aug, 2022, the Savaira Team held a needs assessment session with SHINE Humanity's doctors, to gauge the type of mental health issues they see while treating the patients at our clinics. Dr. Uzma Ambreen, a seasoned psychiatrist with more than 20 years' experience in private and community settings, conducted the first mental health awareness programs & training of GP's, community health workers and volunteers.

SAVAIRA
EXCELLENCE IN MENTAL HEALTH CARE

DENTAL CAMP WITH AL MUSTAFA TRUST

SHINE Humanity held a dental camp in collaboration with Al Mustafa Trust at our Garibsons Clinic in Gharo. Oral health is a widely neglected aspect of public health in Pakistan and this camp was aimed at promoting awareness about dental care and hygiene.



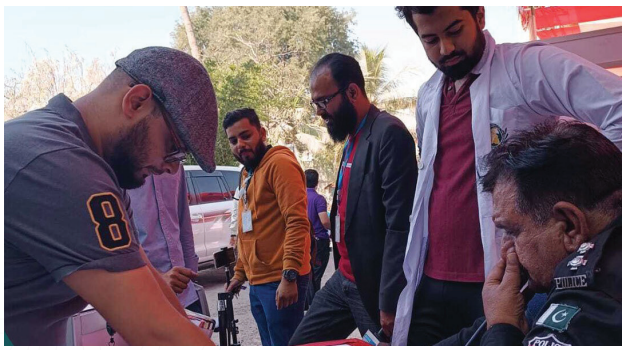
WINTER DONATION DRIVE WITH MURSHID HOSPITAL

With the help of our donors and institutional partner Murshid Hospital, we distributed more than 2000 warm clothes, warm socks and woolen caps to residents in the areas of Uthal, Bela, Somiani, Baloch Goth, and Tent City Bela Balochistan, Thatta and District Dadu Sindh.
Our team ensured that women and children were provided with sufficient amounts of warm clothes to survive the harsh winters.



FIRST AID PARTNER AT KLF

Our highly trained medical staff was present at the 3-day festival to offer free medical checkups to everyone visiting. Most of the patients complained of migraines and body pain and were given free-of-cost medication.



APRIL 2022

HEALTH CARE PARTNER AT KARACHI DOWN SYNDROME PROGRAM CARNIVAL

SHINE Humanity was the official first aid partner for the KDSP carnival, organized for children with Down Syndrome. A stall was set up where free check-ups, and necessary aid was provided to patients showing symptoms of blood pressure, fever and body pain.



EXPANSION OF OUR CHILYA CLINIC

With the help of the Livestock and Fisheries Department in Sindh, we adopted an abandoned dispensary to set up a primary healthcare facility in Chilya. Catering to a community of fishermen and their families, this clinic is the only source of healthcare within a 40-kilometer radius. The clinic started off as a basic healthcare container clinic, however, with the support of a generous donor, SHINE Humanity has built this facility and now introduced vital healthcare intervention programs including the Hepatitis Eradication and Community Outreach Programs amongst others.



RECOGNITION BY THE WORLD HEALTH ORGANIZATION

Our esteemed Public Health Specialist, Dr. Uzair Mahmood's research titled, 'Strategies for Rational Use of Personal Protective Equipment (PPE) Among Healthcare Providers During the COVID-19 Crisis' was cited by the World Health Organization (WHO) in their policy document regarding the 'Rational use of Personal Protective Equipment for COVID-19 and Considerations During Severe Shortages'.



MOU WITH THE COLLEGE OF FAMILY MEDICINE

An MoU was signed between College of Family Medicine Pakistan Academic & Research Center and SHINE Humanity for doctors' training through the online courses. The training program was designed to include SHINE Doctors in a 6-month Certificate Course for Diabetes Management, called 'Fighting Diabetes'. The College of Family Medicine Pakistan is also working to create excellence in healthcare for all, at the primary care level, by updating knowledge and building the skills of doctors across Pakistan through their online courses and workshops.



TRAINING ON SKIN DISEASES WITH SALIM HABIB UNIVERSITY

In collaboration with Salim Habib University, we arranged a training session for our doctors on 'Skin Diseases' hosted by Dr. Najja Ashraf (MD), a consultant Diabetologist, Cosmetologist, Laser Therapist & Specialist of Skin, Hair and Nail Allergies & STDs.
The training session was important especially due to the surge of skin related cases SHINE's doctors came across during their flood relief work.



MOU WITH PAYMOB

An MOU between SHINE Humanity and Paymob Pakistan was signed to enable online donations from people all over Pakistan, allowing our donors the option to donate through 11 major banks of Pakistan as well as Easypaisa.



HEALTH CARE PARTNER AT KARACHI EAT FESTIVAL

SHINE Humanity had an urgent care mobile container at Karachi Eat Festival to cater to any emergencies on ground. Our doctors treated patients with headaches, dehydration and stomach issues. By utilizing this platform, SHINE Humanity was able to highlight its services to the under-served.



AMINA GARIB LEARNING CENTRE

We announced the opening of our new children's library at SHINE Humanity – Garibsons Clinic. The Centre serves as a play area where children of patients can learn and play. Our goal is to ease the burden on parents who bring their children to the clinic.



RO PLANTS

SHINE Humanity launched the ‘Paani Project’ to address the issue of lack of access to clean drinking water in rural Sindh.
Dr. Salman Naqvi, co-founder of SHINE Humanity, inaugurated the installation of a Reverse Osmosis (RO) plant in Ibrahim Hyderi under this project. Another RO plant was installed in Darsa Noor Village, which supplies 5000 gallons of clean water daily to the families residing there. These plants aim to provide safe and clean drinking water to communities in need.



DR. HUMA QURESHI’S VISIT TO THE SHINE HEAD OFFICE

We met Dr. Huma Qureshi, an eminent Hepatologist who has been awarded Tamgha-e-Imtiaz and an honorary Fellowship from Royal College of Physicians Ireland for her services. We discussed the expansion of our Hepatitis Eradication Program and opportunities for prevention of Hepatitis in newborn babies.
Researchers and medical professionals like Dr. Huma Qureshi are a huge asset to Pakistan and it was an honour to meet her and get her advice. Here's to hoping we collaborate in the future.



MARCH 2022

FOUNDATION WIND ENERGY DONATES A VEHICLE TO SHINE HUMANITY

Wind Energy Ltd.'s generous contribution to our mission has allowed us to expand primary healthcare for the ones in need. This vehicle will facilitate the transportation of staff and medicines to two SHINE satellite clinics. The support of such donors is crucial to the work of SHINE Humanity and we are sincerely thankful to Wind Energy Ltd. for its contribution.

WASTE MANAGEMENT WORKSHOP WITH IRVERDE

Irverde is an organization that aims to tackle problems related to solid waste management in Pakistan. In partnership with SHINE Humanity, a waste management training session was organized to highlight the importance of reusing and recycling in order to decrease the quantity of waste being produced in the healthcare sector. The session was led by the CEO of Irverde, Ms. Angel Imdad and was held at the SHINE Humanity Clinic in Gharo. The session was attended by the clinic's management, doctors, nursing staff, lab technicians and the janitorial staff, who were trained on strategies and best practices to effectively dispose of medical waste.



HELPING BABIES SURVIVE

A Helping Babies Survive workshop was organized as part of the 18th Biennale International Scientific Conference by the Society of Obstetricians & Gynaecologists of Pakistan. The conference was held at the Movenpick Hotel Karachi, in partnership with UNFPA and Greenstar Social Marketing and was conducted by Dr. Naghmana Shafi. Our Community Outreach Manager, Syed Uzair Mahmood taught infant resuscitation to medical students and trainees.

Multiple other Helping Babies Survive workshops have been organized through the course of the year, such as in partnership with The New Beginnings Hospital, Burhani Hospital and many others in Karachi. The SHINE team recognises the efforts of Master trainer, Dr. Usama Memon who has always helped facilitate these workshops.



BENEFICIARIES
OF SHINE



SHAMIM (KOOHI GOTH)

My 3-year old brother started experiencing excruciating abdominal pains. He could not eat food, whatever little he did eat, his stomach would not be able to retain. Alongside this, he started running a high fever. After almost a week of us not knowing the cause, we decided to take him to the SHINE clinic for a check-up. The doctors ran a few blood tests and identified him as a patient of Typhoid. He was put on medications immediately as this illness can often turn fatal very quickly. Slowly and surely, he started to regain his strength and made a full recovery. My family and I are so grateful to SHINE clinic and the experienced doctors for catching this illness in its early stages. The doctors are thorough and accessible and the clinic itself is very cost-effective and efficient. We are very lucky to have it operating in our community so that others like my younger brother can benefit from the medical services it provides.

FUNDRAISER IN THE US '22"

A huge shout out to the SHINE Humanity - San Diego Chapter for giving our Board the opportunity to reach out to people in that area and tell them about our vision and mission.
The fundraiser was wonderfully hosted by Syed Rehan and Dr. Ghazala Rehan in their stunning home in Encinitas California. The combination of a beautiful ambience and a receptive audience made this fundraiser a memorable occasion. We are grateful to all who came and off course to the gracious hosts for opening up their home to SHINE Humanity. Your donations will directly impact the lives of those in need.





FUNDRAISER IN THE US '23"

We are thankful to all who came to support us this Sunday. It is because of you, our well wishers and donors, that we are able to provide primary healthcare services to under-served communities. A big shout out to our volunteers who helped make the event a success, especially Ghazala Dinshah, Fazal Farooqui, Ayla Basit, Afreen Mirza, and Aleena Ashary.





ANNUAL PAK FUNDRAISER '22"

We organized our first fundraiser in Pakistan on 11th May 2022. Our co-founder, Salman Naqvi and Chairman Ali Naqvi hosted the fundraiser and briefed the guests about our mission and operations. We are very thankful to all the generous donors who participated in the event and pledged donations for our cause. Here's to hoping we continue to uplift Pakistan.





ANNUAL PAK FUNDRAISER '23"

Thank you to all the generous donors for making the SHINE Humanity Annual Fundraiser 2023 such a success. Our sincere gratitude goes out to Ambreen and Majid for opening up their homes to us. Additionally, we are grateful to Mona Naqsh, Rashid Ali, and Jimmy Engineer - Artist, Philanthropist & Servant of Pakistan for donating the paintings. Together, we can make a positive impact on the lives of those in need.






SHINE

MOBILE URGENT CARE CLINICS

SHINE Humanity's Mobile Urgent Care is designed and constructed in Pakistan, specifically to bring essential medical services to urban, peri-urban, and rural areas. Its innovative design allows it to be rapidly deployed wherever it is needed most - providing medical aid in the face of disaster or simply helping those who lack access to regular healthcare facilities.



LAUNCH OF THARPARKAR CLINIC

In partnership with the Gul Lot family, we are thrilled to announce the launch of our first medical facility 'SHINE Humanity Gul Lot Clinic' in Nagarparkar (Thar District). The continued support by our generous donor and the SHINE Team has made it possible for us to ensure that every individual in Nagarparkar has access to quality healthcare. SHINE Humanity aims to make a meaningful impact, improving the health and well-being of the people we serve.



SHINE Humanity Pakistan celebrated a decade of impact: providing compassionate care and health services to underserved communities. With the help of our supporters and dedicated partners, we have created a community of hope and resilience. The team at SHINE Humanity Pakistan gathered together to celebrate 10 years of excellence and growth.

Co-founder's Message



Dr. Salman Naqvi
Co-founder

"As we celebrate a decade of service, I am deeply grateful for our remarkable achievements together. Through our collective efforts, we have transformed lives by making healthcare a fundamental human right, not just a privilege.

As we embark on the next phase, our commitment to our vision remains unwavering: to provide the less fortunate with a chance for a better, healthier life. With your continued support, we aim to amplify our impact, enhance healthcare access, and address pressing health challenges. SHINE Humanity is dedicated to creating a brighter future where compassionate care reaches every individual."

TESTIMONIALS FROM OUR PUBLIC HEALTH INTERNS

"I'm currently a third year MBBS student of Dow International Medical College. I recently had the privilege of working as a public health intern at SHINE Humanity for a period of about 2 weeks. In these two weeks I've gained innumerable skills that will not only help me succeed as a medical student but also further my knowledge in the field of research. From being taught how to use SPSS to designing and planning programs for prevalent diseases in Pakistan, Dr. Uzair Mahmood has been a great support throughout. Being my supervisor, he always made sure that I was equipped with the basic skills necessary to perform the tasks assigned. During the medical camp at Dhabeji for screening of Hepatitis C, he continuously encouraged me to come up with differential diagnosis based on the patient's history, helping me apply my medical knowledge to real life cases. It was a very fascinating and inspiring experience that I'll always cherish. Dr. Uzair's willingness to impart his vast knowledge and experience to his interns for the sole purpose of their success will always be appreciated and admired by me.



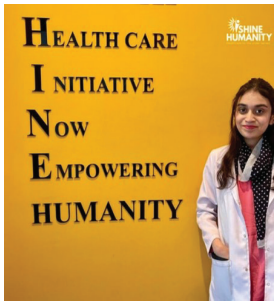
Nabeeha Syed

"For the past two weeks, I, along with my friends, were fortunate enough to take part in a public health elective at SHINE Humanity. I had the opportunity to learn skills that included research, CV building and neonatal resuscitation to strengthen my application for Postgrad endeavors. I was also given the opportunity to plan programs on various communicable and non-communicable diseases, allowing me to widen my knowledge on the subject. Additionally, the environment at the office was warm and welcoming yet professional and organized. Everyone was friendly and made the transition into intern life smooth and easy. This was by far one of the most valuable experiences I have ever had and I'm very grateful to both SHINE Humanity and Dr. Uzair for the invaluable knowledge and advice he has given me."



Shaza

"I'm a final year student from Dow University of Health Sciences. Since the past two weeks, working at SHINE Humanity has been a wonderful experience for me and I am grateful to be a part of the research internship program. Dr. Uzair, my mentor, has been of great help and support throughout my electives. I've gained a lot of knowledge and skills which will not only help me in the field of dentistry, but will also increase my knowledge in the field of research. Additionally, he also taught me the basics of using the SPSS for designing programs for multiple diseases prevalent in Pakistan. This has also been an eye-opener regarding the ongoing public health issues in Pakistan. I would like to thank Dr. Uzair and the whole team at SHINE Humanity for providing me with this amazing opportunity that I will definitely never forget."



Mariyah Fasih

OUR PARTNERS



DEDICATED **STAFF**

SHINE is grateful for the support and hard work of its dedicated staff members whose contributions have led to a successful year.

Aman Jafri
Aziz ur Rehman
Iman Zamir
Alesha Ajmal Qureshi
Arooba Mansoor
Shahab Yousuf
Syed Zohaib Rehman
Ayesha Mohammad
Mohammad Ali
Sarah Emmanuel
Ummehani Nawed
Dr. Roshni Riaz
Fatima Majeed
Fatima Zohra Habib
Syed M. Asif Hasnain
Hital Devi
Dr. A.Aziz Nohri Arbab
Dr. Nisar Ahmed
Zahiddin Jokhio
Dr. Noureen Anjum
Zaheer Laghari
Iram Lasi
Mustajab Rafiq
Gul Khatoon
Mumtaz Ali Manganhar
Lutuf Ullah

Sikandar Jokhio
Mohammad Aljaz Chandio
Dr. Marvi Memon
Sumaira Laghari
Waqar Ali
Ubair Bin Umar
Imran Aziz
Dr. Niaz Ahmed Khudai
Danish Saad
Rubina Kousar
Touseef Ahmed
Yusra Jamal
Faiza Wali
Mukhtiar All
Uzair Mahmood
Mir Hassan Jamari
Itrat Siddique
Dodomal Maheshwari
Aqsa Niaz Hussain
Asim Bin Umer
Naviza Ajmal
Sara Bano
Ali Murad Babro
Zahoor Ahmed
Kiran Mustafa
Dr. Shaheed Thebo
Kishore Kumar

Naseer Ahmed
Sharaf Un Nisa
Mahnoor Rasheed
Shahmeer Khan Jokhio
Aijaz Ali
Sanam Premi
Dr. Peer Haji Shah
Mohmammad Bilal
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Nasir Ullah
Ghose Ali
Pathan Meer Bahar
Nawaz Ali
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Basheer Ahmed
Dr. Sher M. Memon
Dr. Ramjee
Shaban Ali
Abdulla Zubair Siddique
Ramesh Kumar
Ayaz Ali
M. Nauman Qureshi
Dr. Mazhar Ali
Mukhtiyar Hussain
Abdul Waheed
Hedayat Ullah
Kehkashan Qamer



Join our mission

Your donations have helped us provide essential medical services to under-served communities in rural Sindh

Donate Now


SHINE
HUMANITY
Healthcare for the under-served